


# WHERE DO I GO FOR HELP?

		Helping Agency											
		Alcohol & Drug Abuse Prevention	Airman & Family Readiness	A&FRC Military Family Life Counselor	Chaplain	Equal Opportunity	Exceptional Family Member Program (EFMP)	Family Advocacy	Health and Wellness Center	Director of Psychological Health	Military One Source	Medical Group Primary Care	Sexual Assault Response Coord
		687-4341	687-3530	See Below	687-3652	687-3652	687-6032	687-4341	687-2188	687-3484	(800) 342-9647	687-2188	687-7272
<b>Life Stressors</b>	Alcohol/Drugs	★	★		★							★	
	Casualty Assistance		★		★								
	Clinical Anxiety/Panic/Depression		★		★			★		★	★	★	
	Domestic Violence/Neglect		★		★			★					
	Employment		★		★						★		
	Finances		★	★	★					★	★		
	Grief		★	★	★			★		★	★	★	
	Homicidal Thoughts		★		★			★		★		★	
	Nutrition/Fitness/Tobacco		★		★				★	★	★	★	
	Marriage/Family		★	★	★			★		★	★	★	
	Need for Medication		★		★					★		★	
	Relationships		★	★	★			★		★	★	★	
	Sadness/Worry		★	★	★			★		★	★	★	
	Sexual Assault/Harrasment		★	★	★			★		★		★	★
	Special Needs Family Member		★	★	★		★						
	Suicidal Thoughts		★		★			★		★		★	
Unlawful Discrimination		★		★	★								
Work/School		★		★					★	★	★		

Adult MFLC: 660-687-1052

Youth MFLC: 660-631-9001

Unit Commander:

Unit 1st Sergeant:

Section Supervisor:

Key Spouse Mentor:

Key Spouse: